

WALK 2
SPECTICLE 'E' FALLS
Distance approx 2 miles



Starting from the Station Road car park, turn left and follow Station Road to the T junction and turn right down Lesmagahow Road, heading South.

1. Follow the road beyond the houses and the Nursing Home to the stile on your left, signed to Sandford.
2. Cross the field, keeping as close as possible to the right-hand fence - there might be cattle in the field.
3. When you reach the Avon Water, go over the stile and cross the bridge.
4. Turn right and walk upstream along the bank. **DO NOT CROSS THE SINGLE PLANK BRIDGE**, but carry on the path.
5. Climb the steps and after the small viewpoint, take the lower path into the ruins of the old Mill. This was Overhall Mill. It was originally a corn mill and later a cotton and calico printing mill. It closed in 1896. Go straight on to the lower viewpoint of the falls.
6. Return to the mill and climb the stone steps onto the upper path.
7. Continue to climb the steps above the small gorge.
8. Go through the gate at the top, and then follow the fence on your right to the houses.
9. There is a bridle path to the left, you can take this or go onto the village of Sandford before returning to this point.
10. Continuing into Sandford you pass Tweedie Mill, now a home and the river is on your right. (There is no pub or shop in Sandford).
11. Return to the point at No 9 and follow the Bridle path, pass Overhall House and cottage and continue till the road junction and turn left - down towards the river. You can see the south side of Strathaven in the distance to your left and Glassford ahead.
12. As you approach the river you will see the remains of Wauk Mill on your left. Go through the gate to the river bank.
13. Follow the river bank back to the bridge, cross the bridge and retrace your steps to Strathaven.
14. **OR** Cross the bridge and with the river on your left, cross the stile and field on your left towards the main road.
15. You can access the road at Craig Bridge and there is a footpath on the road from here back to Strathaven.



Craig Bridge and Craig Mill